

TRUST LINKS
presents

Basildon

WELLBEING

FAYRE

WEDNESDAY
27 MAY
2026
11AM – 2PM

AT
TRUST LINKS
VANGE HILL DRIVE
BASILDON
SS16 4DA

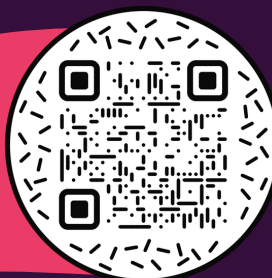
FREE
ADMISSION

The Basildon Wellbeing Fayre is packed with activities for all ages, including:
Live Music • Interactive Stalls • Family Friendly Games • Crafts
with FREE healthy food and local wellbeing services providing information
on mental health, nutrition and healthier lifestyles

TrustLinks

Registered Charity No: 1092324
trustlinks.org / Tel: 01702 213134

PLEASE
SCAN FOR
MORE INFO



FUNDRAISING
REGULATOR

Supported by:



Essex County Council



WHAT'S GOING ON AT TRUST LINKS BASILDON?

Trust Links is a local mental health and wellbeing charity, supporting adults to feel better, connect with others and build confidence through community based projects in Basildon.

GROWING TOGETHER



Hands-on gardening, fresh air and time to connect with others in a calm, supportive environment.

Open Mondays & Wednesdays at 9.30am – 3.30pm

HEALTHY MIND HUB

A programme of **positive activities** and **peer support** to help you feel connected and well.



MSE RECOVERY COLLEGE PARTNERSHIP

Free courses and workshops to help you understand, manage and maintain your mental health.



Who can use these services?

- Adults aged 18+
- No referral needed

Find out more at
www.trustlinks.org
01702 213134

